

Fasting Bible Quiz

10 King James Version trivia questions • Difficulty: Easy

Ten KJV questions on fasting — its purposes, its examples in Scripture, and the warnings of Jesus against hypocritical fasting.

Questions

Q1. How long did Jesus fast in the wilderness?

- A. Seven days
- B. Twenty days
- C. Forty days and forty nights
- D. Three days

Q2. What did Jesus say about fasting when the bridegroom is taken away?

- A. They will fast
- B. They will feast
- C. They will mourn forever
- D. They will forget

Q3. What did Jesus warn against when fasting?

- A. Fasting too long
- B. Appearing unto men to fast, with a sad countenance and disfigured face
- C. Fasting without prayer
- D. Fasting on the Sabbath

Q4. What did Jesus say to do when fasting?

- A. Anoint thine head, and wash thy face
- B. Wear sackcloth publicly
- C. Tell everyone
- D. Skip the synagogue

Q5. Why did the Ninevites fast?

- A. Because of Jonah's preaching of judgment
- B. Because of a famine
- C. Because of a plague
- D. Because of war

Q6. What did Esther ask Mordecai and the Jews to do before she went to the king?

- A. Fast for me, and neither eat nor drink, three days, night or day
- B. Prepare weapons
- C. Send messengers
- D. Flee the city

Q7. What kind of fast does God choose in Isaiah 58?

- A. To afflict the soul for a day
- B. To loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free
- C. To wear sackcloth only
- D. To abstain from all work

Q8. What did Joel call the people to?

- A. A feast
- B. A solemn assembly, a fast, and a day of blowing the trumpet
- C. A military parade
- D. A harvest celebration

Q9. How often did the Pharisee in Luke 18:12 say he fasted?

- A. Once a week
- B. Twice in the week
- C. Every day
- D. Once a month

Q10. What did the church at Antioch do before sending Paul and Barnabas?

- A. They fasted and prayed, and laid their hands on them
- B. They held a feast
- C. They voted by ballot
- D. They consulted the Sanhedrin

Answer Key & Explanations

Q1. How long did Jesus fast in the wilderness?

Answer: C. Forty days and forty nights

And when he had fasted forty days and forty nights, he was afterward an hungred. (Matthew 4:2, KJV)

Q2. What did Jesus say about fasting when the bridegroom is taken away?

Answer: A. They will fast

And Jesus said unto them, Can the children of the bridechamber mourn, as long as the bridegroom is with them? but the days will come, when the bridegroom shall be taken from them, and then shall they fast. (Matthew 9:15, KJV)

Q3. What did Jesus warn against when fasting?

Answer: B. Appearing unto men to fast, with a sad countenance and disfigured face

Moreover when ye fast, be not, as the hypocrites, of a sad countenance: for they disfigure their faces, that they may appear unto men to fast. Verily I say unto you, They have their reward. (Matthew 6:16, KJV)

Q4. What did Jesus say to do when fasting?

Answer: A. Anoint thine head, and wash thy face

But thou, when thou fastest, anoint thine head, and wash thy face; That thou appear not unto men to fast, but unto thy Father which is in secret. (Matthew 6:17, KJV)

Q5. Why did the Ninevites fast?

Answer: A. Because of Jonah's preaching of judgment

So the people of Nineveh believed God, and proclaimed a fast, and put on sackcloth, from the greatest of them even to the least of them. (Jonah 3:5, KJV)

Q6. What did Esther ask Mordecai and the Jews to do before she went to the king?

Answer: A. Fast for me, and neither eat nor drink, three days, night or day

Go, gather together all the Jews that are present in Shushan, and fast ye for me, and neither eat nor drink, three days, night or day: I also and my maidens will fast likewise. (Esther 4:16, KJV)

Q7. What kind of fast does God choose in Isaiah 58?

Answer: B. To loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free

Is not this the fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke? (Isaiah 58:6, KJV)

Q8. What did Joel call the people to?

Answer: B. A solemn assembly, a fast, and a day of blowing the trumpet

Blow the trumpet in Zion, sanctify a fast, call a solemn assembly. (Joel 2:15, KJV)

Q9. How often did the Pharisee in Luke 18:12 say he fasted?

Answer: B. Twice in the week

I fast twice in the week, I give tithes of all that I possess. (Luke 18:12, KJV)

Q10. What did the church at Antioch do before sending Paul and Barnabas?

Answer: A. They fasted and prayed, and laid their hands on them

And when they had fasted and prayed, and laid their hands on them, they sent them away. (Acts 13:3, KJV)

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