

A 7-Day Surgery Reading Pack

For anyone facing an operation, and for family in the waiting room.

Calming and faith-filled KJV scriptures to read before surgery or a medical procedure.

How to use this pack

- Read days one to five before the operation, six and seven after.
- Take the pack to the hospital; the waiting is longer than you think.
- Family may answer the prompts aloud while waiting.

The seven days

- Day 1 — Before the day · Isaiah 41:10
 - Day 2 — Trusting hands · Psalm 56:3
 - Day 3 — Peace that guards · Deuteronomy 31:6
 - Day 4 — Practical order · Psalm 23:4
 - Day 5 — The morning of · Philippians 4:6-7
 - Day 6 — Recovery patience · Psalm 91:1-2
 - Day 7 — Thanksgiving · Proverbs 3:5-6
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The hours and days before surgery can be filled with fear, anxiety, and uncertainty. Whether the procedure is minor or major, placing your trust in God's hands brings a peace that medical assurance alone cannot provide. These King James Bible verses are meant to be read, prayed, and meditated upon before entering the operating room. Share them with someone heading into surgery, write them on a card, or simply hold them close to your heart as you trust God with the outcome.

Before the day

Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.

Isaiah 41:10 (KJV)

The #1 pre-surgery verse

Devotion prompt

What is your biggest fear about this surgery — the anaesthetic, the outcome, the recovery? Name it and pray it.

Write your answer

Pray it back to God before you close the page.

Trusting hands

What time I am afraid, I will trust in thee.

Psalm 56:3 (KJV)

When fear is present

Devotion prompt

Pray for the surgeon and the team by name if you know them. Write the prayer down.

Write your answer

Pray it back to God before you close the page.

Peace that guards

Be strong and of a good courage, fear not, nor be afraid of them: for the Lord thy God, he it is that doth go with thee; he will not fail thee, nor forsake thee.

Deuteronomy 31:6 (KJV)

God goes with you into the OR

Devotion prompt

The peace of God shall keep your hearts and minds. Where does your mind run at night? Give that specific thought to God.

Write your answer

Pray it back to God before you close the page.

Practical order

*Yea, though I walk through the valley of the shadow of death, I will fear no evil:
for thou art with me; thy rod and thy staff they comfort me.*

Psalm 23:4 (KJV)

Comfort in the valley

Devotion prompt

What needs arranging so you can rest afterwards — meals, lifts, work, childcare? Ask today.

Write your answer

Pray it back to God before you close the page.

The morning of

Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

Philippians 4:6-7 (KJV)

Peace beyond understanding

Devotion prompt

Choose one verse to hold as you go in. Write it on something you can take with you.

Write your answer

Pray it back to God before you close the page.

Recovery patience

He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty. I will say of the Lord, He is my refuge and my fortress: my God; in him will I trust.

Psalm 91:1-2 (KJV)

Under God's protection

Devotion prompt

Healing is slower than expected. What will you allow yourself not to do this week?

Write your answer

Pray it back to God before you close the page.

Thanksgiving

*Trust in the Lord with all thine heart; and lean not unto thine own understanding.
In all thy ways acknowledge him, and he shall direct thy paths.*

Proverbs 3:5-6 (KJV)

Trusting God with the outcome

Devotion prompt

Write down what you are grateful for now that it is behind you, including things you did not expect.

Write your answer

Pray it back to God before you close the page.

More verses for this season

Keep this page for cards, texts, and the days when you need different words.

Heal me, O Lord, and I shall be healed; save me, and I shall be saved: for thou art my praise.

Jeremiah 17:14 (KJV)

A prayer for the surgeon's hands

The Lord is on my side; I will not fear: what can man do unto me?

Psalms 118:6 (KJV)

Fearlessness through faith

For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

2 Timothy 1:7 (KJV)

Replacing fear with God's spirit

A prayer for this season

*Lord, into your hands I commit this body. Guide the surgeons, keep me through the hours
I will not remember, and bring me safely out. Amen.*

Practical ways to use these verses

- Isaiah 41:10 is the most searched-for pre-surgery verse — send it the night before
- Psalm 56:3 is short enough to memorize and repeat in the waiting room
- Philippians 4:6-7 is practical — encourage the patient to pray through their anxiety
- Write Psalm 23:4 on a card to tuck into their hospital bag
- Deuteronomy 31:6 reminds them God literally goes with them into the operating room

Notes and prayer requests

Read the full collection, with every verse in context, at biblesundays.com/life-events/surgery-verses — free KJV verse collections, printables, and reading plans for every season of life.
Free to print and share; please keep this page attached.