

A 7-Day Reading Pack During Separation

For a marriage in separation, whether working toward reconciliation or not.

Honest KJV scriptures for the painful in-between of marital separation — for prayer, perspective, and the hope of reconciliation.

How to use this pack

- One page a day, alone. This is not a pack to weaponise.
- Answer for yourself only; there is no prompt about their faults.
- Bring it to a pastor or counsellor if you have one.

The seven days

Day 1 — Where things stand · Psalm 34:18

Day 2 — Your own heart · 1 Corinthians 7:10-11

Day 3 — Hope for reconciliation · Matthew 19:6

Day 4 — Boundaries and safety · Malachi 2:16

Day 5 — Loneliness · Psalm 147:3

Day 6 — Bitterness · Isaiah 41:10

Day 7 — One next step · Romans 12:18

Separation is its own kind of grief — the marriage isn't ended, but it isn't whole either. You may be the one who left, the one who was left, or both standing in a painful pause hoping for reconciliation. These King James Bible verses are for that hard middle place. They speak of God's nearness in heartbreak, His desire for reconciliation where possible, His protection over those who have been wronged, and His sufficiency when the other person is no longer present. Pray them honestly. God can handle the rawness.

Where things stand

The Lord is nigh unto them that are of a broken heart; and saveth such as be of a contrite spirit.

Psalm 34:18 (KJV)

God is near the broken-hearted

Devotion prompt

Describe the situation in plain words, without arguing your case.

Write your answer

Pray it back to God before you close the page.

Your own heart

And unto the married I command, yet not I, but the Lord, Let not the wife depart from her husband: But and if she depart, let her remain unmarried, or be reconciled to her husband.

1 Corinthians 7:10-11 (KJV)

The biblical hope of reconciliation

Devotion prompt

Search me, O God, and know my heart. What is God showing you about you in this?

Write your answer

Pray it back to God before you close the page.

Hope for reconciliation

Wherefore they are no more twain, but one flesh. What therefore God hath joined together, let not man put asunder.

Matthew 19:6 (KJV)

The weight of the marriage covenant

Devotion prompt

Is reconciliation something you want, fear, or no longer believe possible? Be honest with God about which.

Write your answer

Pray it back to God before you close the page.

Boundaries and safety

For the Lord, the God of Israel, saith that he hateth putting away.

Malachi 2:16 (KJV)

God's heart on divorce

Devotion prompt

If there is harm involved, safety is not a lack of faith. What needs to be in place?

Write your answer

Pray it back to God before you close the page.

Loneliness

He healeth the broken in heart, and bindeth up their wounds.

Psalm 147:3 (KJV)

God heals heart wounds

Devotion prompt

Who can you call at 10pm? If nobody, that is the first thing to change this week.

Write your answer

Pray it back to God before you close the page.

Bitterness

Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee.

Isaiah 41:10 (KJV)

God's presence when you face this alone

Devotion prompt

Let all bitterness be put away. What resentment are you rehearsing, and what would it take to stop rehearsing it?

Write your answer

Pray it back to God before you close the page.

One next step

If it be possible, as much as lieth in you, live peaceably with all men.

Romans 12:18 (KJV)

Pursue peace as much as is in your power

Devotion prompt

Name one concrete step — counselling, a conversation, legal advice, silence for a month — and a date.

Write your answer

Pray it back to God before you close the page.

More verses for this season

Keep this page for cards, texts, and the days when you need different words.

Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds.

Philippians 4:6-7 (KJV)

Peace through the anxiety of separation

It is of the Lord's mercies that we are not consumed, because his compassions fail not. They are new every morning: great is thy faithfulness.

Lamentations 3:22-23 (KJV)

Mercy for each day

A prayer for this season

Lord, I do not know how this ends. Guard my heart from bitterness, give me wisdom for the next step, and be with the person I married, wherever they are tonight. Amen.

Practical ways to use these verses

- 1 Corinthians 7:10-11 is the New Testament's clearest word on separation — frames the path forward
- Pray Psalm 34:18 over yourself daily during separation — God draws specifically near the broken-hearted
- Use Romans 12:18 as a litmus for your own actions — pursue peace 'as much as lieth in you'
- Isaiah 41:10 is for the lonely nights when the bed is suddenly half-empty
- Lamentations 3:22-23 is a morning verse — God's mercies are new every morning, including this one

Notes and prayer requests

Read the full collection, with every verse in context, at biblesundays.com/life-events/separation-verses — free KJV verse collections, printables, and reading plans for every season of life. Free to print and share; please keep this page attached.