

A 7-Day Pregnancy Reading Pack

For an expectant mother, at any point in the pregnancy.

Encouraging KJV scriptures for expectant mothers — for joy, comfort through morning sickness, peace through anxiety, and prayers for the baby growing in the womb.

How to use this pack

- Read a page a day, or one a week across the trimester.
- Write freely — this becomes a record your child may read one day.
- Share the prompts with your husband or a close friend as you go.

The seven days

Day 1 — Formed in secret · Psalm 139:13-14

Day 2 — Known before birth · Jeremiah 1:5

Day 3 — Fear about the birth · Psalm 127:3

Day 4 — Waiting well · Luke 1:42

Day 5 — The body's work · Isaiah 40:11

Day 6 — Preparing a home · Genesis 25:21

Day 7 — Committing the outcome · Psalm 22:9-10

Pregnancy is a sacred season — nine months in which God knits a brand-new life together in the secret place. Whether this is your first or fifth pregnancy, whether you are celebrating, anxious, or recovering from previous loss, the Bible has words for you. These King James scriptures speak of God's intimate involvement in forming your baby, His protection over both mother and child, and the deep joy that pregnancy brings. Pray them daily, write them in your pregnancy journal, or share them at a baby shower.

God knits the baby together

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Known before birth

Before I formed thee in the belly I knew thee; and before thou camest forth out of the womb I sanctified thee.

Jeremiah 1:5 (KJV)

Known by God before birth

Devotion prompt

God told Jeremiah he was known before he was formed. Write a short letter to your child about being known and wanted.

Write your answer

Pray it back to God before you close the page.

Fear about the birth

Lo, children are an heritage of the Lord: and the fruit of the womb is his reward.

Psalm 127:3 (KJV)

Children are God's reward

Devotion prompt

Name your biggest fear about labour or delivery honestly, and bring it to God rather than to search engines.

Write your answer

Pray it back to God before you close the page.

Waiting well

Blessed art thou among women, and blessed is the fruit of thy womb.

Luke 1:42 (KJV)

Elisabeth's blessing on Mary

Devotion prompt

Pregnancy is mostly waiting. What is God teaching you in a season you cannot hurry?

Write your answer

Pray it back to God before you close the page.

The body's work

He shall feed his flock like a shepherd: he shall gather the lambs with his arm, and carry them in his bosom, and shall gently lead those that are with young.

Isaiah 40:11 (KJV)

God gently leads expectant mothers

Devotion prompt

Thank God for what your body is doing today, especially if it does not feel like a gift right now.

Write your answer

Pray it back to God before you close the page.

Preparing a home

And Isaac intreated the Lord for his wife, because she was barren: and the Lord was intreated of him, and Rebekah his wife conceived.

Genesis 25:21 (KJV)

God hears prayers for conception

Devotion prompt

Beyond the practical list, what spiritual preparation does this home need before the baby arrives?

Write your answer

Pray it back to God before you close the page.

Committing the outcome

But thou art he that took me out of the womb: thou didst make me hope when I was upon my mother's breasts. I was cast upon thee from the womb: thou art my God from my mother's belly.

Psalm 22:9-10 (KJV)

God's care from the womb onward

Devotion prompt

Write a prayer entrusting the delivery and the child's health to God. Date it, and read it again after the birth.

Write your answer

Pray it back to God before you close the page.

More verses for this season

Keep this page for cards, texts, and the days when you need different words.

Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

Philippians 4:6-7 (KJV)

Peace through pregnancy anxiety

And blessed is she that believed: for there shall be a performance of those things which were told her from the Lord.

Luke 1:45 (KJV)

Trusting God's promises through pregnancy

A prayer for this season

Father, you are forming this child while I sleep. Give me strength for the months ahead, calm my fears about the day itself, and let me meet this baby with joy. Amen.

Practical ways to use these verses

- Psalm 139:13-14 is the most cited pregnancy verse — print it for the nursery wall
- Pray Jeremiah 1:5 over your baby every morning of your pregnancy
- Isaiah 40:11 is comforting during difficult trimesters — God 'gently leads those that are with young'
- Use Luke 1:42 in baby announcement cards and gender reveal printables
- Philippians 4:6-7 helps with pregnancy anxiety and fear about labor

Notes and prayer requests

Read the full collection, with every verse in context, at biblesundays.com/life-events/pregnancy-verses — free KJV verse collections, printables, and reading plans for every season of life. Free to print and share; please keep this page attached.