

A 7-Day Reading Pack Through Divorce

For anyone going through a divorce, whether or not it was their choice.

Comforting KJV scriptures for those going through divorce, separation, or the end of a marriage.

How to use this pack

- One page a day; the pack does not assume you are the guilty party or the innocent one.
- Day four is about the children if there are any.
- Keep it private. This is not evidence for anyone.

The seven days

Day 1 — Naming the loss · Psalm 34:18

Day 2 — God who hates divorce and loves you · Psalm 147:3

Day 3 — Anger · Isaiah 41:10

Day 4 — The children · Jeremiah 29:11

Day 5 — Your part · Romans 8:28

Day 6 — Church and shame · 2 Corinthians 5:17

Day 7 — A future · Isaiah 43:18-19

Divorce is one of life's most painful experiences — a breaking of a covenant that leaves deep emotional, spiritual, and practical wounds. Whether you initiated the separation or it was thrust upon you, God does not abandon you in this season. These King James Bible verses speak to the broken heart, the need for healing, and the promise that God makes all things new. They are not here to judge, but to comfort, restore, and remind you that your identity and worth are found in Christ, not in your marital status.

Naming the loss

The Lord is nigh unto them that are of a broken heart; and saveth such as be of a contrite spirit.

Psalm 34:18 (KJV)

God draws near to the brokenhearted

Devotion prompt

Divorce is a death without a funeral. What exactly are you grieving — the person, the future, or the version of yourself?

Write your answer

Pray it back to God before you close the page.

God who hates divorce and loves you

He healeth the broken in heart, and bindeth up their wounds.

Psalm 147:3 (KJV)

God heals emotional wounds

Devotion prompt

How do you hold both truths without letting either crush you?

Write your answer

Pray it back to God before you close the page.

Anger

Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.

Isaiah 41:10 (KJV)

God's presence in fear

Devotion prompt

Be ye angry, and sin not. Where is your anger justified, and where is it starting to eat you?

Write your answer

Pray it back to God before you close the page.

The children

For I know the thoughts that I think toward you, saith the Lord, thoughts of peace, and not of evil, to give you an expected end.

Jeremiah 29:11 (KJV)

God still has plans for you

Devotion prompt

What do your children need from you this month that has nothing to do with being right?

Write your answer

Pray it back to God before you close the page.

God redeems even painful chapters

Write your answer

Church and shame

Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.

2 Corinthians 5:17 (KJV)

A fresh start in Christ

Devotion prompt

Do you feel welcome in church right now? If not, who is the one safe person to tell?

Write your answer

Pray it back to God before you close the page.

A future

Remember ye not the former things, neither consider the things of old. Behold, I will do a new thing; now it shall spring forth; shall ye not know it? I will even make a way in the wilderness, and rivers in the desert.

Isaiah 43:18-19 (KJV)

God makes a way forward

Devotion prompt

Write one sentence about who you want to be in two years. Nothing about them.

Write your answer

Pray it back to God before you close the page.

More verses for this season

Keep this page for cards, texts, and the days when you need different words.

God is our refuge and strength, a very present help in trouble.

Psalm 46:1 (KJV)

A refuge in the storm

Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

Philippians 4:6-7 (KJV)

Peace through prayer

My flesh and my heart faileth: but God is the strength of my heart, and my portion for ever.

Psalm 73:26 (KJV)

When your heart fails you

A prayer for this season

Father, this is not what I promised or wanted. Hold me together, keep me from bitterness, protect my children, and make something of the life that is left. Amen.

Practical ways to use these verses

- Psalm 34:18 and Psalm 147:3 are the most comforting verses for someone in the early stages of divorce
- Isaiah 43:18-19 is powerful for someone ready to begin looking forward
- 2 Corinthians 5:17 speaks to the possibility of a new identity and chapter
- Philippians 4:6-7 is practical — share it with someone struggling with anxiety over the process
- Avoid using these verses to minimize someone's pain; instead, let them speak gently into the grief

Notes and prayer requests

Read the full collection, with every verse in context, at biblesundays.com/life-events/divorce-verses — free KJV verse collections, printables, and reading plans for every season of life. Free to print and share; please keep this page attached.