

A 7-Day Reading Pack After Losing a Parent

For adult children grieving a mother or father.

Tender KJV scriptures for grieving the death of a mother or father.

How to use this pack

- One page a day. Skip and return as needed.
- Siblings can each work through it and compare day six.
- Keep the pack for the first anniversary.

The seven days

Day 1 — Becoming the older generation · Psalm 68:5

Day 2 — Gratitude · Psalm 27:10

Day 3 — Grief that surprises · Psalm 34:18

Day 4 — Regret · 2 Corinthians 1:3-4

Day 5 — Their faith and yours · Revelation 21:4

Day 6 — Family in grief · Psalm 23:4

Day 7 — Keeping the good · John 14:1-2

Losing a parent is one of life's most profound losses. Whether expected after a long illness or sudden and shocking, the death of a mother or father leaves a void that nothing on earth can fill. These King James Bible verses offer comfort to the grieving child — at any age — reminding us that God is the Father of the fatherless, that our parents' legacy of faith lives on, and that we will see them again if they died in Christ.

Becoming the older generation

A father of the fatherless, and a judge of the widows, is God in his holy habitation.

Psalm 68:5 (KJV)

God as Father to the fatherless

Devotion prompt

Losing a parent moves you up a row. What does that change about how you see your own life?

Write your answer

Pray it back to God before you close the page.

God will never leave you

Grief that surprises

The Lord is nigh unto them that are of a broken heart; and saveth such as be of a contrite spirit.

Psalm 34:18 (KJV)

God draws near in grief

Devotion prompt

What has caught you off guard — a smell, a document, a voicemail?

Write your answer

Pray it back to God before you close the page.

Regret

Blessed be God, even the Father of our Lord Jesus Christ, the Father of mercies, and the God of all comfort; Who comforteth us in all our tribulation, that we may be able to comfort them which are in any trouble, by the comfort wherewith we ourselves are comforted of God.

2 Corinthians 1:3-4 (KJV)

The God of all comfort

Devotion prompt

What do you wish you had done differently? Confess it, then hear the word forgiven.

Write your answer

Pray it back to God before you close the page.

Their faith and yours

And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away.

Revelation 21:4 (KJV)

No more tears

Devotion prompt

What did they believe? What do you believe about where they are now?

Write your answer

Pray it back to God before you close the page.

Family in grief

*Yea, though I walk through the valley of the shadow of death, I will fear no evil:
for thou art with me; thy rod and thy staff they comfort me.*

Psalm 23:4 (KJV)

Walking through the valley

Devotion prompt

Grief strains siblings. What conversation are you avoiding, and when will you have it?

Write your answer

Pray it back to God before you close the page.

Keeping the good

Let not your heart be troubled: ye believe in God, believe also in me. In my Father's house are many mansions: if it were not so, I would have told you. I go to prepare a place for you.

John 14:1-2 (KJV)

A place prepared in heaven

Devotion prompt

Name one habit or value of theirs you will deliberately continue.

Write your answer

Pray it back to God before you close the page.

More verses for this season

Keep this page for cards, texts, and the days when you need different words.

But I would not have you to be ignorant, brethren, concerning them which are asleep, that ye sorrow not, even as others which have no hope. For if we believe that Jesus died and rose again, even so them also which sleep in Jesus will God bring with him.

1 Thessalonians 4:13-14 (KJV)

Hope of reunion

As one whom his mother comforteth, so will I comfort you.

Isaiah 66:13 (KJV)

God's motherly comfort

The eternal God is thy refuge, and underneath are the everlasting arms.

Deuteronomy 33:27 (KJV)

Held by everlasting arms

A prayer for this season

Father, thank you for the parent you gave me and for the years we had. Comfort me in the grief and let what was good in them live on in me. Amen.

Practical ways to use these verses

- Psalm 27:10 is especially powerful for someone who has now lost both parents
- Isaiah 66:13 is uniquely comforting for someone grieving the loss of their mother
- Psalm 68:5 reminds adult children that God fills the parental role
- Send 2 Corinthians 1:3-4 with a sympathy card — it speaks directly to comfort in tribulation
- 1 Thessalonians 4:13-14 offers hope that this separation is not permanent

Notes and prayer requests

Read the full collection, with every verse in context, at biblesundays.com/life-events/death-of-parent-verses — free KJV verse collections, printables, and reading plans for every season of life. Free to print and share; please keep this page attached.