

BIBLE SUNDAYS · KING JAMES VERSION

The Armor of God

Sunday School Lesson Bundle

Ephesians 6:10–18 (KJV)

Story · Memory Verse · Quiz · Coloring Page

Read the Bible Story

Ephesians 6:10–18 (KJV)

The Apostle Paul wrote a letter to Christians in Ephesus. He told them, 'Finally, my brethren, be strong in the Lord, and in the power of his might.' Christians have a real enemy — not other people, but the devil — and we need God's own armor to stand.

'Put on the whole armour of God, that ye may be able to stand against the wiles of the devil.' Paul listed each piece. First, the loins girt about with truth — knowing and loving God's Word.

Next, the breastplate of righteousness — living the right way, the way Jesus has made us. Then the feet shod with the preparation of the gospel of peace — ready to share the good news.

'Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked.' When doubts and lies come, faith in God stops them. Then the helmet of salvation — knowing we belong to Jesus protects our minds.

Finally, 'the sword of the Spirit, which is the word of God.' The Bible is our only weapon to fight back. And with all this armor, Paul says, 'praying always with all prayer and supplication in the Spirit.' Prayer holds it all together so we can stand strong every day.

Memory Verse

“Put on the whole armour of God, that ye may be able to stand against the wiles of the devil.”

Ephesians 6:11

Practice tip: read aloud 3 times, cover the verse, then say it from memory.

Quiz Worksheet

Circle the correct answer. Then check the answer key on the next page.

1. Who wrote about the armor of God?

- A. John
- B. Paul
- C. Peter
- D. James

2. To which church did he write?

- A. Rome
- B. Corinth
- C. Ephesus
- D. Galatia

3. Who is the real enemy of the Christian?

- A. Other people
- B. The devil
- C. Soldiers
- D. Kings

4. What is the belt (girdle) of?

- A. Gold
- B. Truth
- C. Iron
- D. Leather

5. What is the breastplate of?

- A. Faith
- B. Righteousness
- C. Peace
- D. Hope

6. What are the feet shod with?

- A. Strong boots
- B. The preparation of the gospel of peace
- C. Sandals of leather
- D. Quiet shoes

7. What does the shield of faith stop?

- A. Arrows of men
- B. All the fiery darts of the wicked
- C. Wind
- D. Rain

8. What is the helmet of?

- A. Salvation
- B. Wisdom
- C. Joy
- D. Mercy

9. What is the sword of the Spirit?

- A. A real sword
- B. The word of God
- C. A book
- D. A song

10. What holds it all together?

- A. Strength
- B. Praying always
- C. Money
- D. Friends

Quiz Answer Key

1. B — Paul
2. C — Ephesus
3. B — The devil
4. B — Truth
5. B — Righteousness
6. B — The preparation of the gospel of peace
7. B — All the fiery darts of the wicked
8. A — Salvation
9. B — The word of God
10. B — Praying always

Coloring Page

Color a Christian soldier wearing the full armor of God — belt, breastplate, shoes, shield, helmet, and sword.

Print the full coloring page from biblesundays.com — visit the coloring library for the printable companion to this lesson.