

BIBLE SUNDAYS

30 KJV Bible Verses for Stress

*Come unto me, all ye that labour — 30 King James verses for the overworked, overwhelmed,
and stretched too thin.*

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biblesundays.com

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"Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls."

— **Matthew 11:28-29**

"Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds."

— **Philippians 4:6-7**

"Cast thy burden upon the LORD, and he shall sustain thee: he shall never suffer the righteous to be moved."

— **Psalms 55:22**

"Casting all your care upon him; for he careth for you."

— **1 Peter 5:7**

"Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee."

— **Isaiah 26:3**

"Be still, and know that I am God."

— **Psalms 46:10**

"He giveth power to the faint; and to them that have no might he increaseth strength... they that wait upon the LORD shall renew their strength."

— **Isaiah 40:29-31**

"Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid."

— **John 14:27**

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"The LORD is my shepherd; I shall not want. He maketh me to lie down in green pastures: he leadeth me beside the still waters."

— Psalm 23:1-2

"My presence shall go with thee, and I will give thee rest."

— Exodus 33:14

"Truly my soul waiteth upon God: from him cometh my salvation. He only is my rock and my salvation; he is my defence; I shall not be greatly moved."

— Psalm 62:1-2

"There remaineth therefore a rest to the people of God. For he that is entered into his rest, he also hath ceased from his own works."

— Hebrews 4:9-10

"Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day is the evil thereof."

— Matthew 6:34

"Trust in the LORD with all thine heart; and lean not unto thine own understanding."

— Proverbs 3:5-6

"For which cause we faint not; but though our outward man perish, yet the inward man is renewed day by day."

— 2 Corinthians 4:16-17

"I will both lay me down in peace, and sleep: for thou, LORD, only makest me dwell in safety."

— Psalm 4:8

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"It is vain for you to rise up early, to sit up late, to eat the bread of sorrows: for so he giveth his beloved sleep."

— [Psalm 127:2](#)

"Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee."

— [Isaiah 41:10](#)

"In the multitude of my thoughts within me thy comforts delight my soul."

— [Psalm 94:19](#)

"It is of the LORD's mercies that we are not consumed... they are new every morning: great is thy faithfulness."

— [Lamentations 3:22-23](#)

"Take no thought for your life, what ye shall eat, or what ye shall drink... Behold the fowls of the air... your heavenly Father feedeth them."

— [Matthew 6:25-26](#)

"My flesh and my heart faileth: but God is the strength of my heart, and my portion for ever."

— [Psalm 73:26](#)

"And we know that all things work together for good to them that love God, to them who are the called according to his purpose."

— [Romans 8:28](#)

"And let us not be weary in well doing: for in due season we shall reap, if we faint not."

— [Galatians 6:9](#)

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"He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty."

— [Psalm 91:1](#)

"Come ye yourselves apart into a desert place, and rest a while."

— [Mark 6:31](#)

"I can do all things through Christ which strengtheneth me."

— [Philippians 4:13](#)

"It is God that girdeth me with strength, and maketh my way perfect."

— [Psalm 18:32](#)

"My grace is sufficient for thee: for my strength is made perfect in weakness."

— [2 Corinthians 12:9](#)

"Stand ye in the ways, and see, and ask for the old paths... and ye shall find rest for your souls."

— [Jeremiah 6:16](#)